



# The Iver Village Junior School

*Believe. Achieve. Succeed Together.*

Head teacher: Miss J. Digweed  
Deputy Head: Mr P. Clifford

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Dear Parents/Guardians,

## Year 5 History Topic

This term for History the children have been busy learning about Ancient Greece and how they lived in the past. Part of the learning objectives is to investigate Greek Food. For this, next Tuesday the children will be making their own falafel and houmous.

Children will get the opportunity to roll out their own falafel from a pre-made mix (with the ingredients below) and create some houmous to go with it. The ingredients we will be using is listed below.

- Chick peas
- Onion
- Garlic
- Cumin
- Coriander
- Lemon
- Tahini paste (this includes sesame seeds)
- Carrot sticks
- Pitta bread

Once made the children will then enjoy eating tasting their falafel and houmous.

If your child has any allergies or dietary requirements linked to the ingredients listed above please complete the form below.

If you have any questions, please don't hesitate to ask.

Yours sincerely,

Year 5 Teachers

## Year 5 History Topic

My Child: \_\_\_\_\_

Class : \_\_\_\_\_

has the following dietary/medical requirements: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

