

Primary with JP LUNCH MENU



Meat Free Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

01.01.2024
29.01.2024
26.02.2024
25.03.2024

Vegetable Burger in a Brioche Bun with Jumbo Potato Wedges and Baked Beans*

Jacket Potato with Baked Beans* and Cheddar Cheese

Vanilla Yoghurt with Oaty Biscuit

Thai Style Chicken Noodles with Red Peppers and Broccoli

Thai Style Mushroom Noodles with Red Peppers and Broccoli

Jacket Potato with Baked Beans* and Cheddar Cheese

Cheddar Cheese & Crackers

Pulled Ham and Spring Onion Loaded Potato Bake with Sweetcorn

Pulled Tempeh and Spring Onion Loaded Potato Bake with Sweetcorn

Jacket Potato with Baked Beans* and Cheddar Cheese

Fresh Fruit Salad

Chicken, Lentil and Carrot Tikka Masala with Brown Rice and Green Beans

Chickpea, Lentil and Carrot Tikka Masala with Brown Rice and Green Beans

Jacket Potato with Baked Beans* and Cheddar Cheese

Jam Sponge Tart

MSC* Tuna Mac n Cheese with Peas and Red Pesto Bread Finger

Cherry Tomato Mac n Cheese with Peas and Red Pesto Bread Finger

Jacket Potato with Baked Beans* and Cheddar Cheese

Flapjack

Week 2

08.01.2024
05.02.2024
04.03.2024
01.04.2024

Four Cheese Tortellini in Creamy Tomato Sauce with Cheese, Peas and Crusty Garlic Bread

Jacket Potato with Baked Beans* and Cheddar Cheese

Strawberry Jelly

Chicken Meatballs with Creamy Gravy, Couscous and Parsnips

Sweet Potato Balls with Creamy Gravy, Couscous and Parsnips

Jacket Potato with Baked Beans* and Cheddar Cheese

Apple Doughball

Paprika Roast Chicken with Gratin Potatoes and Broccoli

Paprika Roast Sweet Potato Wedges and Chickpeas with Gratin Potatoes and Broccoli

Jacket Potato with Baked Beans* and Cheddar Cheese

Vanilla Ice Cream

Pork Sausage with Mashed Potato, Baked Beans*

Vegetable Sausage with Mashed Potato, Baked Beans*

Jacket Potato with Baked Beans* and Cheddar Cheese

Rhubarb & Custard Yoghurt with Fruit Shortcake

MSC* Fish Burger in a Brioche Bun with Rosemary Potato Wedges and Sweetcorn

Vegetable Burger in a Brioche Bun with Rosemary Potato Wedges and Sweetcorn

Jacket Potato with Baked Beans and Cheddar Cheese

Fresh Fruit Salad

Week 3

15.01.2024
12.02.2024
11.03.2024
08.04.2024

Vegetable Korma with Rice and Green Beans

Jacket Potato with Baked Beans and Cheddar Cheese

Flapjack

Lamb and Lentil Shepherd's Pie with Leeks and Peas
Sweet Potato and Lentil Shepherd's Pie with Leeks and Peas

Jacket Potato with Baked Beans* and Cheddar Cheese

Orange Jelly

Creamy Chicken and Sweetcorn Pasta Bake with Mozzarella Topping, Carrots and Red Pesto Finger

Creamy Leek, Sweetcorn and Butter Bean Pasta Bake with Mozzarella Topping, Carrots and Red Pesto Finger

Jacket Potato with Baked Beans* and Cheddar Cheese

Victoria Sponge Cake

Mexican Beef and Bean Chilli with Brown Rice and Sweetcorn

Mexican Sweet Potato and Bean Chilli with Brown Rice and Sweetcorn

Jacket Potato with Baked Beans* and Cheddar Cheese

Fresh Fruit Salad

MSC* Fish Fingers with Roast Potatoes and Broccoli

Vegetable Fingers with Roast Potatoes and Broccoli

Jacket Potato with Baked Beans* and Cheddar Cheese

Strawberry Yoghurt with Oaty Biscuit

Week 4

22.01.2024
19.02.2024
18.03.2024

Mozzarella and Tomato Pizza with Rosemary Potato Wedges and Sweetcorn

Jacket Potato with Baked Beans and Cheddar Cheese

Blueberry Muffin

Cheeseburger Pasta Bake with Cucumber Sticks and Crusty Garlic Bread

Shroomburger Pasta Bake with Cucumber Sticks and Crusty Garlic Bread

Jacket Potato with Baked Beans* and Cheddar Cheese

Mango Yoghurt with Fruit Shortcake

Chicken Stroganoff with Rice and Green Beans

Mushroom and Cannellini Bean Stroganoff with Rice and Green Beans

Jacket Potato with Baked Beans* and Cheddar Cheese

Fresh Fruit Salad

Spinach and Ricotta Tortellini in Creamy Tomato Sauce with Cheese and Broccoli

Jacket Potato with Baked Beans* and Cheddar Cheese

Pineapple Sticks

MSC* Breaded Fish Fillet with Mashed Potato and Peas

Vegetable Sausage with Mash Potatoes and Peas

Jacket Potato with Baked Beans* and Cheddar Cheese

Cheddar Cheese & Crackers

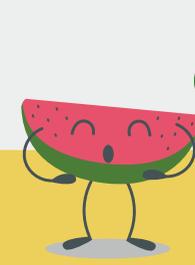
All Our Dairy Products are Red Tractor Assured*
*Subject to availability

*MSC - Approved by the Marine Stewardship Council



CRUMBS

FOOD CO



Laura Matthews Nutrition

Reduced Salt and Sugar

A type of Bread or Tortilla Chips and Fresh Salad is available every day