









Iver Village Junior School



Sponsored Workout

We're holding a Sponsored Workout on **Friday 23rd September** to raise some money for more playground/ outdoors equipment!

Each class will take part in a workout consisting of:

Push ups	Sit ups
	
Burpees	Spotty dogs
	
Skipping	Star jumps
	

Year 6s will lead the classes in these exercises- it should be really fun! If you can sponsor your child in doing this workout, we'd really appreciate it. The children will be able to discuss how best to spend the money raised.

See the attached sponsorship form. Let's raise some money!

Mr Tang