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| **Year 6** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Curriculum Topic** | Being Me in the World | Celebrating differences | Dreams and Goals | Healthy Me | Relationships | Changing me |
| **Objectives to cover** | * Identifying goals for the year
* Global citizenship
* Children’s universal rights
* Feeling welcome and valued
* Choices, consequences and rewards
* Group dynamics
* Democracy, having a voice
* Anti-social behaviour
* Role-modelling
 | * Perceptions of normality
* Understanding disability
* Power struggles
* Understanding bullying
* Inclusion / exclusion
* Differences as conflict, difference as celebration
* Empathy
 | * Personal learning goals, in and out of school
* Success criteria
* Emotions in success
* Making a difference in the world
* Motivation
* Recognising achievements
* Compliments
 | * Taking personal responsibility
* How substances affect the body
* Exploitation, including ‘county lines’ and gang culture
* Emotional and mental health
* Managing stress
 | * Mental health
* Identifying mental health worries and sources of support
* Love and loss
* Managing feelings
* Power and control
* Assertiveness
* Technology safety
* Take responsibility with technology use
 | * Self-image
* Body image
* Puberty and feelings
* Conception to birth
* Reflections about change
* Physical attraction
* Respect and consent
* Boyfriends/girlfriends
* Sexting
* Transition
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| LQ1 | How can I identify my goals for this year, understand my dears and worries about he future and know how to express them? | How can I understand there are different perceptions about what normal means? | How do I know my learning strengths and can set challenging but realistic goals for myself? | How can I take responsibility for my health and make choices that benefit my health and well-being? | How do I know that it is important to take care of my mental health? | How can I be aware of my own self-image and how my body image fits into that? |
| LQ2 | How do I understand that there are universal rights for all children but for many children these rights are not met? | How can I understand that everyone has a right to be who they are? | How can I work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these? | How do I know about different types of drugs and their uses and their effects on the body particularly the liver and heart? | How do I know how to take care of my mental health? | How can I explain how girls’ and boys’ bodies change during puberty and understand the importance of looking after yourself physically and emotionally? |
| LQ3  | How can I understand that my actions affect other people locally and globally? | How can I explain some of the ways in which one person or a group can have power over another? | How can I identify problems in the world that concern me and talk to other people about them? | How do I understand that some people can be exploited and made to do things that are against the law? | How do I understand that there are different stages of grief and that there are different types of less that cause people to grieve? | How can I describe how a baby develops from conception through the nine months of pregnancy, and how it is born? |
| LQ4 | How can I make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities? | How do I know some of the reasons why people use bullying behaviours? | How can I work with other people to help make the world a better place? | How do I know why some people join gangs and the risks this involves? | How can I recognise when people are trying to gain power or control? | How can I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend? |
| LQ5 | How can I understand how an individual’s behaviour can impact on a group? | How can I give examples of people with disabilities who lead amazing lives? | How can I describe some ways in which I can work with other people to help make the world a better place? | How do I understand what it means to be emotionally well and can explore people’s attitudes towards mental health/illness? | How can I judge whether something online is safe and helpful for me? | How can I be aware of the importance of a positive self-esteem and what I can do to develop it? |
| LQ6 | How can I understand how democracy and having a voice benefits the school community? | How can I explain ways in which difference can be a source of conflict and a cause for celebrations? | How do I know what some people in my class like or admire about me and can accept their praise.  | How can I recognise stress and the riggers that cause this?How can I understand how stress can cause drug and alcohol misuse? | How can I use technology positively and safely to communicate with my friends and family? | How can I identify what I am looking forward to and what worries me about the transition to secondary school?  |