

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
3	Topic: Tag Rugby/Football	Topic: Netball / Gymnastics	Topic: Basketball / Swimming	Topic: Hockey / Handball	Topic: Tennis / Cricket	Topic: Athletics / Rounders
	Pass, Tackle, Tag, Shoot, Try, Possession	Sequence, Roll, Shape, Pass, Movement, Catch	Pass, Movement, Catch, Dribble, Float, Sculling, safety	Dribble, Pass, Shoot, Court, Area, Handling	Court, Net, Racquet, position, Field, Bowler, Batter	Sprint, Stamina, Relay, Underarm, Overarm, Feed
4	Topic: Tag Rugby/Football	Topic: Netball / Gymnastics	Topic: Basketball / Swimming	Topic: Hockey / Handball	Topic: Tennis / Cricket	Topic: Athletics / Rounders
	Space, Intercept, Defend, Attack, Teamwork	Extension, Combination, Fluency, Attack, Defend, Positions	Fluency, Attack, Defend, Positions, Stroke, Prone	Flick, Scoop, Obstruction, Block, Bounce Shot, Jump Shot, Stick tackle	Serve, Volley, Rally, Game, Wicket, Crease, Block	Power, Pace, Static, Field, Collect
5	Topic: Tag Rugby/Football	Topic: Netball/ Gymnastics	Topic: Volleyball / Swimming	Topic: Hockey / Handball	Topic: Tennis / Cricket	Topic: Athletics / Rounders
	Regain, Counter, Position, Distance control	Aesthetics, Flexibility, Mobility, Technique	Spike, Overhead, Set, Volley, Supine, Glide	Stick tackle, Push, Receive, Send, Weave, Combination, Dive Shot	Sets, Forehand, Backhand, Points, Cut Shot, Leg side, Off Side	Accelerate, Take off, Force, Retrieve, Accuracy, Stance
6	Topic: Tag Rugby/Football	Topic: Netball / Gymnastics	Topic: Volleyball / Swimming	Topic: Hockey / Handball	Topic: Tennis / Cricket	Topic: Athletics / Rounders
	Awareness, Feint, Dummy pass, Width, Tactical	Symmetry, Asymmetry, Performance, Lob, Offensive Play	Positional play, Scoring, Rules, Match play, Propel, Technique	Travel, Control, Balance, Stamina, Centre Pass, Free throw, Penalty throw, Ace, Fake, Rebound	Drop shot, Ace, Agility, Power, Accuracy, Boundary, Spin, Pace, Umpire	Sustain, Optimum, Trajectory, Pick up, Rounder, Innings