



Iver Village Junior School

Primary Curriculum

KS2 PE Overview		Subject Overview 2021 - 2022	
Key Concepts	To develop practical skills in order to participate, compete and lead a healthy lifestyle		
Objectives to cover (Directly from NC)	A high quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way that supports their health and fitness. An opportunity to compete in sport and other activities builds character and helps to embed values such as fairness and respect. Pupils should continue to apply and develop a broader range of skills (learnt in KS1), learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. Pupils should develop an understanding of how to improve in different physical activities and sports and learn to evaluate and recognise their own success. The activities and experiences in the PE programme should aim to ensure ALL pupils lead healthy and active lives.		
	Autumn Term	Spring Term	Summer Term
Year 3	Real PE: Social Skills Ball Skills (Throwing and Catching) Real PE: Health and Well Being Invasion Games: Basketball	Real PE: Personal Skills Dance: Movement Patterns and emotions Real PE: Creative Skills Real Gym: Rhythmic Sequences	Real PE: Cognitive Skills Athletics Net / Wall: Tennis Striking and Fielding: Cricket & Rounders
Year 4	Real PE: Social Skills - Softball Invasion Games: Hockey Real PE: Health and Well Being Invasion Games: Basketball	Real PE: Personal Skills Dance: Movement patterns and emotions Real PE: Creative Skills Real Gym: Bench Sequences	Real PE: Cognitive Skills Athletics Net/Wall: Tennis Striking and Fielding: Cricket & Rounders
Year 5	Real PE: Social Skills Invasion Games: Hockey Real PE: Health and Well Being Invasion Games: Basketball / Benchball	Real PE: Personal Skills Real PE: Creative Skills Real Gym: Partner Work / Acrobatic Sequences Net/Wall: Tennis	Real PE: Cognitive Skills Athletics Real PE: Physical Striking and Fielding: Cricket & Rounders
Year 6	Real PE: Social Skills Invasion Games: Hockey – Softball Real PE: Health and Well Being Invasion Games: Competition Focus / Tactics	Real PE: Personal Skills Invasion Games: Benchball / Basketball Real PE: Creative Skills Net/Wall: Tennis	Real PE: Cognitive Skills Athletics Real PE: Physical Striking and Fielding: Cricket & Rounders