

School Nursing Service
Year 6 National Childhood Measurement Programme 2021
Revised programme – version 6
Parent / Carer Information

The Screening Programme

National Childhood Measurement Programme – Each year in England, School children in Reception and Year 6 have their height and weight checked at school as part of the National Childhood Measurement Programme. The measurements will be stored in your child's Bucks Healthcare NHS record as they were in Year R. Their weight will not be told to them, (although they may overhear their height). Children who take part will be asked to remove their shoes and coats only, all cultural needs will be respected, and a child will not be made to do it. You will receive a letter by post informing you of the measurements and it is your decision to share the details with your child. You may receive a telephone call and offered support and advice. We acknowledge that every child is unique and will grow and develop differently; we will ask you about this if we talk to you. As children begin to go through puberty, we are aware their body changes shape at different rates. Your child's school may discuss this during PSHE sessions. The measurements are taken at one moment in time and for some children a few grams or centimetres can make a difference to the result. Families wanting support about healthy eating and activity can access information from SPARK <https://bucksspark.co.uk/>

The measurements are carried out by our trained team of School Health Assistants, in a space away from other pupils. Parents / Carers are requested to **opt-out of this if they DO NOT** wish their child to take part, see below.

COVID-19 and the NCMP

Buckinghamshire Healthcare NHS Trust's, School Nursing Services will carry out the measurements at selected schools following government advice that aligns with national and local COVID-19 guidance for schools and infection control. Your child's school has been randomly selected by Public Health England to participate this year. Considerations and adjustments have been made to carry out the measurements within the altered school environment with respect to class groups and minimising the number of school visits required.

The staff members who visit your school have clear guidance on hand hygiene, cleaning the NCMP measurement equipment and the allocated measurement room(s). The local authority and school nursing team/NCMP provider will use of Personal Protective Equipment (PPE) as appropriate. Pupils will not be required to wear PPE at any point during the measurement process.

Opt-out Process

If you DO NOT want your child to participate in the National Childhood Measurement Programme let us know via:

bht.schoolhealth-screening@nhs.net

Please note this is to be used for screening queries and opting-out only

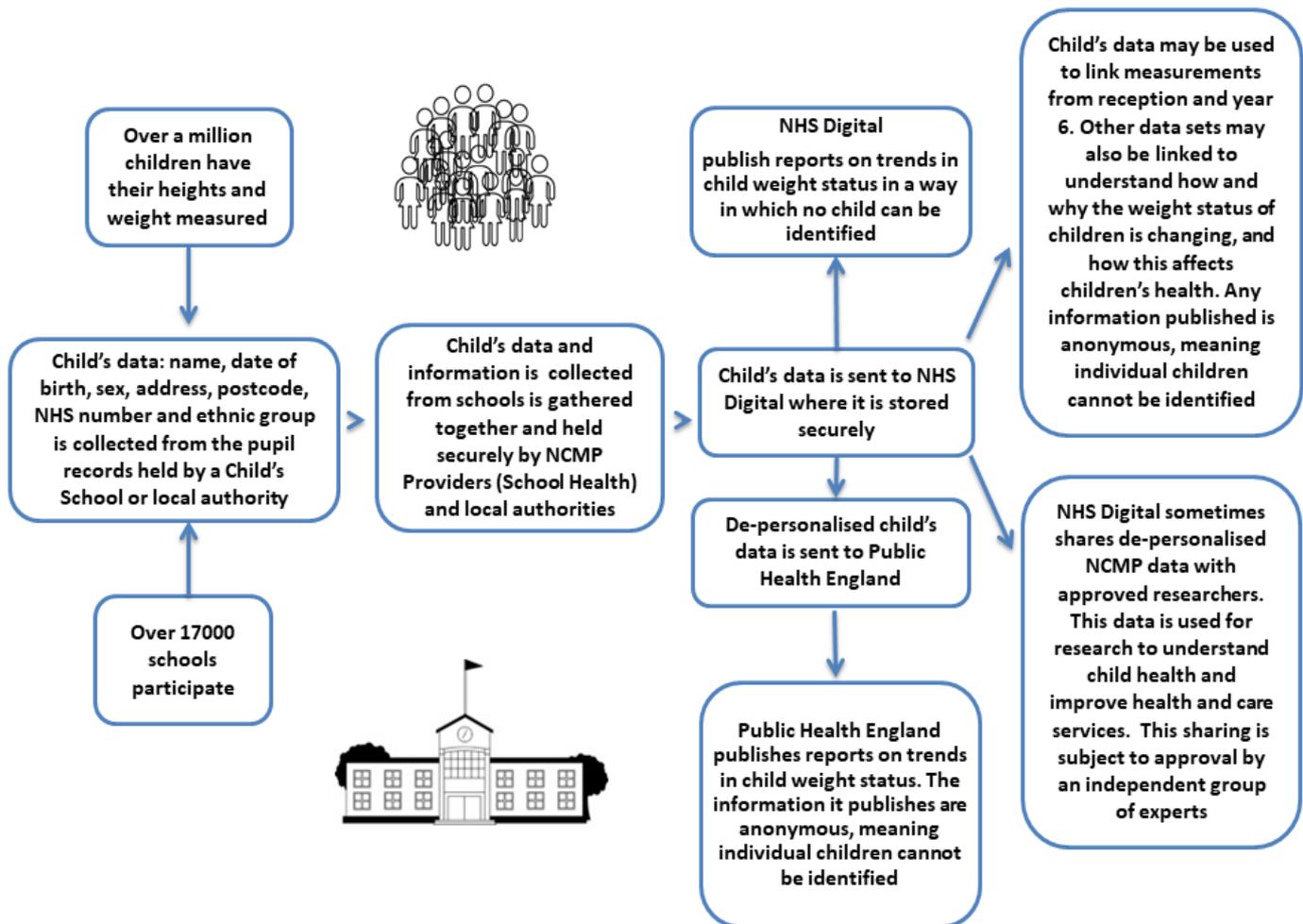
Please provide the following details: Child's Full Name (or known by name if different) : Date of Birth : School : Gender: NHS number (if known): Name of parent/person with parental responsibility declining the screening: Return contact details.

Clearly state that you DO NOT wish your child to be measured with the personal details above

Summary - How the data is used

Under the UK Data Protection Act 2018 and EU General Data Protection Regulation (GDPR) any processing of personal data must have a lawful basis. The information collected for this programme falls within the category of data concerning health and the most appropriate lawful bases considered for this purpose is 'compliance with a legal obligation' and the 'provision of health and social care'. (Article 6 and 9 of GDPR) Any data collected during this programme will be treated confidentially and will not be used for any other purposes unless statutory legislation permits otherwise. Please read our Fair Processing Notice on the Bucks Healthcare NHS Trust website on details on how we process person identifiable data. The data is held by the local authority and sent to NHS Digital and Public Health England, where it is stored securely and used for analysis. It builds a picture of how children are growing to help plan better services for families.

The chart below displays what happens to your child's data as part of the NCMP.



Contact and referral details:

www.buckshealthcare.nhs.uk/school-nursing

There is more detailed information on the School Nursing Website regarding how the data is processed.

<https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/>